



Complete Care Green Knoll

Weekly Activities: 9/6/20 – 9/12/20

Subject to change – all changes to be announced

Monday-Friday & Sunday

- 10:15 a.m.: A.M. Chair Exercise DVD some mornings (on Channel 20 - tba)**
- 10:30 a.m.: Hydration Cart/Juice & Ice Water available at Nursing stations**

Monday-Friday

- 12:30 p.m.: Resident “Lunch DJ for the Day”**
(DJ of the day chooses music to be played over P.A. system)
- 3:30/4 p.m.: Mail Delivery and Movie on Channel 20 (tba)**

Afternoon Activities - starting about 2:00 p.m. unless otherwise noted

Activities will be announced – Carts come around to all areas

- Sunday: Bingo Raffle! (all residents’ names are entered in raffles)**
- Monday: Labor Day! Trivia & Bingo Raffle! Barbeque Lunch!**
- Tuesday: Meet Recreation Assistant, Angela!**
 - Banking/Vending Machine Day (see Recreation)**
 - Google Duo face time with families (by appointment)**
(Families need to sign up for this with Recreation Director)
- Wednesday: Ice Cream Sundaes Cart**
- Thursday: Bookmobile Cart**
 - Banking/Vending Machine Day (see Recreation)**
 - Google Duo face time with families (by appointment)**
- Friday: Bingo Raffle!**
- Saturday: Fall Craft Cart**

*** 4 week cycle menu cycle available***