



**Complete Care Green Knoll – 875 Route 202/206 N., Bridgewater, NJ**

**1<sup>st</sup> Floor Weekly Activities: 1/3/20 – 1/9/21**

**\*Subject to change – all changes to be announced\***

**Monday-Saturday**

**10:15 a.m.: A.M. Chair Exercise DVD some mornings (on Channel 20 - tba)**

**10:30 a.m.: Coffee, Tea, Juice & Ice Water at Nursing stations**

**12:30 p.m.: Resident “Lunch DJ for the Day”**

**(DJ of the day chooses music to be played over P.A. system)**

**3:30/4 p.m.: Mail Delivery and Movie on Channel 20 (tba)**

**Afternoon Activities - starting about 2:00 p.m. unless otherwise noted**

**Activities will be announced – Carts come around to all areas**

**All residents’ names are entered into Bingo Raffles**

**Sunday: Independent activity supplies will be handed out on Saturday:  
word puzzles, Chronicle news, art supplies, books/magazines, playing cards**

**\*\*Sunday Evening Movie – 5:00 pm (to be announced)\*\***

**Monday: Bookmobile Cart**

**Tuesday: Winter Puzzles Cart**

**Google Duo face time with families (by appointment)**

**(Families need to sign up for this with Recreation Director)**

**Wednesday: Hot Cocoa and Cookies Cart**

**Thursday: Winter Trivia**

**Google Duo face time with families (by appointment)**

**Friday: Bingo Raffle!**

**Saturday: AM Coffee Cart, Religious Music DVD (Channel 20 – tba)**

**Afternoon Bingo Raffle**

**- Family visits will be announced as able to be held**

**- Menus are posted across from the elevators – please ask staff for info**