January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Happy New Year 2021! **1** 10:30 New Year AM Social Cocoa & Scones 10:30 Coffee Room to Room 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out New Year's Day	**2** 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Word Game 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5:00 Connections
3 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie	**4** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 1:00 Nails/Hand Massage 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Sing Along	**5** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Belgium 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**6** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Seated Exercise 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage ils 4:00 Independent activity supplies handed out	**7** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Jungle 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**8** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Sing Along 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**9** 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Word Game 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5:00 Connections
10 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie	**11** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 1:00 Nails/Hand Massage 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Sing Along	**12** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Italy 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**13** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Seated Exercise 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**14** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Norway 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**15** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Sing Along 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**16** 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Word Game 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5:00 Connections
17 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie	**18** 9:30 Music on Youtube 9:45 MLK Trivia 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 1:00 Nails/Hand Massage 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Sing Along Martin Luther King Day	**19** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Europe 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**20** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Seated Exercise 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**21** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Spain 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**22** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Sing Along 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**23** 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Word Game 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5:00 Connections
24 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie Activity Professionals Week	**25** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 1:00 Nails/Hand Massage 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Sing Along	**26** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: Holland 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family** Australia Day (observed)	**27** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Seated Exercise 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**28** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Virtual Tour: France 12:00 Lunch 2:00 Snack Room to Room 4:30Channel 8 Movie **10-4pm Video Calls with family**	**29** 9:30am Music on Youtube 10:00 Independent activity supplies handed out 10:30 Coffee Room to Room 11:00 Sing Along 12:00 Lunch 2:00 Snack Room to Room 3:00 Nails/Hand Massage 4:00 Independent activity supplies handed out	**30** 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Word Game 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5:00 Connections
31 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie						

Activities subject to change.

Complete Care at Green Knoll 875 Route 202/206 North Bridgewater,NJ 08807