July 2021

Recreation Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5pm Healthier You Canada Day	**2** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Entertainer Rob (2nd floor) 11:45 Lunch 1:00 Active Game Residents Choice 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work 4:00 Channel 8 Movie 5pm Healthier You	**3** 9:00 Healthier You 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Summer Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
4 9:00 Healthier You 9:30am Patriotic on Youtube 10:00 Patriotic Word Game 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Fireworks DVD 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You Independence Day (US)	**5** 9:00 Healthier You 9:30am Patriotic on Youtube 10:00 Patriotic Word Game 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Fireworks DVD 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	**6** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 11:45 Lunch 1:00 Active Game 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Summer Coloring Pages 4:30Channel 8 Movie 5pm Healthier You	**7** 9:00 Healthier You 9:30am Music on Youtube 10:00 Word Game 10:30 Coffee Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Summer Crafting 4:00 Afternoon Movie 5pm Healthier You	**8** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5pm Healthier You	**9** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Virtual Tour: Portugal 11:45 Lunch 1:00 Active Game Residents Choice 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Watermelon craft 4:00 Channel 8 Movie 5pm Healthier You	**10** 9:00 Healthier You 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Summer Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
11 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 11:45 Lunch 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5:00 Connections	**12** 9:00 Healthier You 9:30am Polka on Youtube 10:00 Word Game 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Aquarium DVD 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	**13** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 11:45 Lunch 1:00 Twister w/ a Twist 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Summer Coloring Pages 4:30Channel 8 Movie 5pm Healthier You	**14** 9:00 Healthier You 9:30am Music on Youtube 10:00 Word Game 10:30 Coffee Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Patchwork Quilt Crafting 4:00 Afternoon Movie 5pm Healthier You	**15** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5pm Healthier You	**16** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Virtual Tour: Iceland 11:45 Lunch 1:00 Active Game Residents Choice 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Catcus Craft 4:00 Channel 8 Movie 5:00 Connections	**17** 9:00 Healthier You 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Summer Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
18 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 11:45 Lunch 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5:00 Connections	**19** 9:00 Healthier You 9:30am Music on Youtube 10:00 Summer Word Game 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 kaleidoscope DVD 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	**20** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 11:45 Lunch 1:00 Twister w/ a Twist 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Summer Coloring Pages 4:30Channel 8 Movie 5pm Healthier You	**21** 9:00 Healthier You 9:30am Music on Youtube 10:00 Word Game 10:30 Coffee Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Patchwork Quilt Crafting 4:00 Afternoon Movie 5pm Healthier You	**22** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5pm Healthier You	**23** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Virtual Tour: Spain 11:45 Lunch 1:00 Active Game Residents Choice 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Crafting 4:00 Channel 8 Movie 5:00 Connections	**24** 9:00 Healthier You 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Summer Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
25 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Independent Coloring 11:45 Lunch 1:00 Word Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5:00 Connections	**26** 9:00 Healthier You 9:30am Classical on Youtube 10:00 July Word Game 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Fireworks DVD 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	**27** 9:00 Healthier You 9:30 Music on Youtube 9:45 Connections 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Exercise DVD 11:45 Lunch 1:00 Twister w/ a Twist 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Summer Coloring Pages 4:30Channel 8 Movie 5pm Healthier You	**28** 9:00 Healthier You 9:30am Music on Youtube 10:00 Word Game 10:30 Coffee Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Summer Crafting 4:00 Afternoon Movie 5pm Healthier You	**29** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30Channel 8 Movie 5pm Healthier You	**30** 9:00 Healthier You 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Virtual Tour: Norway 11:45 Lunch 1:00 Active Game Residents Choice 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Crafting 4:00 Channel 8 Movie 5:00 Connections	**31** 9:00 Healthier You 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Coffee Activity Room 10:30 Coffee Room to Room 11:00 Summer Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections

Complete Care at Green Knoll 875Route 202/206 N Bridgewater, NJ 08807