October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 **Virtual Tour: pumpkin patch** 11:45 Lunch 1:00 **Outdoor Time** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work **530 Evening Movie Night** 6:30-9 Healthier You	2 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Hydration Cart 10:30 HC Room to Room 11:00 **Fall Crafting** 11:45 Lunch 1:00 **Music with Angela** 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
3 9:30am Fall Music on Youtube 10:00 **Autumn Word Game** 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	4 9:30 60's music on Youtube 10:00 October Word Game 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530 Evening Movie Night** 6:30-9 Healthier You	5 9:30 Music on Youtube 9:45 Connections 10:00 Hydration Cart 11:00 Exercise DVD 11:45 Lunch 1:00 Active Game 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Coloring Pages 4:30 Dinner Assistance **530-7pm Evening Activity**	6 9:30am Music on Youtube 10:00 Word Game 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Fall Crafting 4:00 Afternoon Movie 5pm Healthier You	7 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530-7pm Evening Activity**	8 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 **Virtual Tour: corn maze** 1:00 Active Game 1:30 **Hannah Therapy Dog!** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work **530 Evening Movie Night** 6:30-9 Healthier You	9 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
10 9:30am Fall Music on Youtube 10:00 **Autumn Word Game** 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	11 9:30 70's music on Youtube 10:00 October Word Game 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance 530 Movie Night 6:30-9 Healthier You Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)	12 9:30 Music on Youtube 9:45 Connections 10:00 Hydration Cart 11:00 Exercise DVD 11:45 Lunch 1:00 Active Game 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Coloring Pages 4:30 Dinner Assistance **530-7pm Evening Activity**	13 9:30am Music on Youtube 10:00 Word Game 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Chair Exercises 11:45 Lunch 1:30 **Jazz Music Janice Wiggins** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Fall Crafting 4:00 Afternoon Movie 5pm Healthier You	14 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530-7pm Evening Activity**	15 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 **Virtual Tour: hayride** 11:45 Lunch 1:00 **Outdoor Time** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work **530 Evening Movie Night** 6:30-9 Healthier You	16 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
17 9:30am Fall Music on Youtube 10:00 **Autumn Word Game** 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	18 9:30 80's music on Youtube 10:00 October Word Game 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530 Evening Movie Night** 6:30-9 Healthier You	19 9:30 Music on Youtube 9:45 Connections 10:00 Hydration Cart 11:00 Exercise DVD 11:45 Lunch 1:00 Active Game 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Coloring Pages 4:30 Dinner Assistance **530-7pm Evening Activity**	20 9:30am Music on Youtube 10:00 Word Game 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Fall Crafting 4:00 Afternoon Movie 5pm Healthier You	21 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530-7pm Evening Activity**	22 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 **Virtual Tour: autumn trees** 11:45 Lunch 1:00 Active Game 1:30 **Hannah Therapy Dog!** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work **530 Evening Movie Night** 6:30-9 Healthier You	23 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Hocus Pocus 5:00 Connections
24 9:30am Fall Music on Youtube 10:00 **Autumn Word Game** 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You	25 9:30 40's music on Youtube 10:00 October Word Game 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Hand Massage & Manicures 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530 Evening Movie Night** 6:30-9 Healthier You	26 9:30 Music on Youtube 9:45 Connections 10:00 Hydration Cart 11:00 Exercise DVD 11:45 Lunch 1:00 Active Game 2:00 Snack Activity Room 2:30 Snack Activity Room 3:00 Coloring Pages 4:30 Dinner Assistance **530-7pm Evening Activity**	27 9:30am Music on Youtube 10:00 Word Game 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Chair Exercises 11:45 Lunch 1:00 Balloon Volley 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 **Fall Crafting** 4:00 Afternoon Movie 5pm Healthier You	28 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 Hand Massage & Manicures 11:45 Lunch 1:00 Bean Bag Toss 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Dinner Assistance **530-7pm Evening Activity**	29 9:30am Music on Youtube 10:00 Daily Chronicle & Discuss 10:00 Hydration Cart 11:00 **Virtual Tour: Halloween** 11:45 Lunch 1:00 **Outdoor Time** 2:00 Snack Room to Room 2:30 Snack Activity Room 3:00 Bead work **530 Evening Movie Night** 6:30-9 Healthier You	30 9:30 Music on Youtube 9:45 Daily Chronicle & Discuss 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 11:45 Lunch 1:00 Music with Angela 2:00 Snack Room to Room 2:30 Snack Activity Room 3.00 Sing Along 4:30Channel 8 Movie 5:00 Connections
31 9:30am Fall Music on Youtube 10:00 **Autumn Word Game** 10:00 Hydration Cart 10:30 HC Room to Room 11:00 Fall Crafting 1:00 Active Game 2:00 Snack Room to Room 2:30 Snack Activity Room 4:30 Residents Choice Movie 5pm Healthier You Halloween	Subject to change 10am-11am hydration cart daily 2pm-3pm snack daily					

Complete Care at Green Knoll 875 Route 202/206 North Bridgewater, NJ 08807